

Age Group: 3-5

MEMORIAL DAY NURSERY
PATERSON, NEW JERSEY

Agreement # 31- 0304

WEEK OF:

NOVEMBER 1, 2021-NOVEMBER 5,2021

MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST 1. Milk ¼ Cup 2. Fruit, juice or vegetable ½ cup 3. Bread or alternate ½ slice (including cereal), cereal cold 1/3 cup, cereal cooked ¼ cup	WG BANANA MUFFIN RAISIN 1% MILK	C L O S E D	WG CORN MUFFIN BLUEBERRY 1% MILK	C L O S E D	C L O S E D
LUNCH 1. Milk ¼ cup 2. Meat or alternate 1 ½ ounces 3. Vegetable and/or fruit (two or more) ½ cup 4. Bread or bread alternate ½ slice	BEEF SLIDER VEGETERIAN BEAN ½ PEAR SLIDER BUN 1% MILK		WG CHICKEN NUGGET CORN ON COB BBQ SAUCE MOUNTAIN ROLL PEACHES 1% MILK		
PM SUPPLEMENT 1. Milk, juice, fruit, or vegetable ½ cup 2. Enriched or whole grain bread ½ slice or cereal ¼ cup 3. Meat or alternate ½ ounce	WG ANIMAL CRACKER ½ APPLE		WGR PRETZEL ORANGE JUICE		

OFFER CHILDREN WATER EVERYDAY

CHILDREN WITH ALLERGIES WILL BE GIVEN AN APPROPRIATE SUBSTITUTE

Parent menu subject to change

Age Group: 3-5

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WEEK OF:

NOVEMBER 8, 2021-NOVEMBER 12,2021

MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST 4. Milk ¾ Cup 5. Fruit, juice or vegetable ½ cup 6. Bread or alternate ½ slice (including cereal), cereal cold 1/3 cup, cereal cooked ¼ cup	MULTIGRAIN CHEERIOS APPLE SAUCE 1% MILK	WG BAGEL CREAM CHEESE ORANGE JUICE 1% MILK	WG BLUEBERRY MUFFIN GRAPE JUICE 1% MILK	C L O S E D	RICE CRISPY ½ BANANA 1% MILK
LUNCH 5. Milk ¾ cup 6. Meat or alternate 1 ½ ounces 7. Vegetable and/or fruit (two or more) ½ cup 8. Bread or bread alternate ½ slice	CHILI W/BEAN RICE TOSS SALAD FRENCH DRESSING PEAR UNSALTED CRACKER 1% MILK	MEATBALL IN RED SAUCE BOWTIE PASTA MIX VEGETABLE ½ APPLE WHEAT BREAD 1% MILK	BLACK BEAN BROWN RICE TOSS SALAD RANCH DRESSING MIX FRUIT CORN MUFFIN 1% MILK		WG FISH CAKE GLAZE CARROT BANANA MOUNTAIN ROLL 1% MILK
PM SUPPLEMENT 4. Milk, juice, fruit, or vegetable ½ cup 5. Enriched or whole grain bread ½ slice or cereal ¼ cup 6. Meat or alternate ½ ounce	SALSA SAUCE WG TORTILLA CHIP	SOY BUTTER UNSALTED CRACKER	WW RITZ CRACKER STRAWBERRY		WW RITZ STRING CHEESE

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WEEK OF:

NOVEMBER 15, 2021-NOVEMBER 19,2021

MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>BREAKFAST</p> <p>7. Milk ¾ Cup 8. Fruit, juice or vegetable ½ cup 9. Bread or alternate ½ slice (including cereal), cereal cold 1/3 cup, cereal cooked ¼ cup</p>	<p>CORNFLAKES PINEAPPLE JUICE 1% MILK</p>	<p>WG BLUEBERRY MUFFIN APPLE SAUCE 1% MILK</p>	<p>MULTI GRAIN CHEERIOS RAISIN 1% MILK</p>	<p>WG BAGEL CREAM CHEESE STRAWBERRY 1% MILK</p>	<p>WW PANCAKE ORANGE JUICE SYRUP 1% MILK</p>
<p>LUNCH</p> <p>9. Milk ¾ cup 10. Meat or alternate 1 ½ ounces 11. Vegetable and/or fruit (two or more) ½ cup 12. Bread or bread alternate ½ slice</p>	<p>WG CHICKEN NUGGET CORN ON COB BBQ SAUCE MOUNTIN ROLL 1% MILK</p>	<p>MEATBALL IN MARINARA SAUCE SPAGHETTI TOSS SALAD RANCH DRESSING APRICOT 1% MILK</p>	<p>BEEF SLIDER VEGETERIAN BEAN ½ PEACH SLIDER BUN 1% MILK</p>	<p>CHICKEN LEGS STUFFING GRAVY STRING BEAN MASHED POTATO CRANBERRY SAUCE APPLE BAR 1% MILK</p>	<p>EX CHEESE PIZZA TOSS SALAD RANCH DRESSING BANANA 1% MILK</p>
<p>PM SUPPLEMENT</p> <p>7. Milk, juice, fruit, or vegetable ½ cup 8. Enriched or whole grain bread ½ slice or cereal ¼ cup 9. Meat or alternate ½ ounce</p>	<p>WGR ANIMAL CRACKER ½ APPLE</p>	<p>WW RITZ CRACKER DICE CHEESE</p>	<p>TORTILLA CHIP SALSA APPLE SAUCE</p>	<p>PRETZEL ROD GRAPE JUICE</p>	<p>WG OATMEAL BAR CARROT STICK</p>

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WEEK OF:

NOVEMBER 22, 2021-NOVEMBER 26,2021

MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST 10. Milk ¼ Cup 11. Fruit, juice or vegetable ½ cup 12. Bread or alternate ½ slice (including cereal), cereal cold 1/3 cup, cereal cooked ¼ cup	TOASTED OAT GRAPE JUICE 1% MILK	WW WAFFLES BLUEBERRY SYRUP 1% MILK	BRAN MUFFIN APPLE SAUCE 1% MILK	C L O S E D	C L O S E D
LUNCH 13. Milk ¼ cup 14. Meat or alternate 1 ½ ounces 15. Vegetable and/or fruit (two or more) ½ cup 16. Bread or bread alternate ½ slice	WG CHICKEN PATTY MIX VEGETABLE MOUNTAIN ROLL APPLE 1% MILK	MACARONI & CHEESE SWEET PEA MOUNTAIN ROLL ½ PEAR 1% MILK	TUNA FISH POTATO TOTS SLICED TOMATO RITZ CRACKER ORANGE 1% MILK		
PM SUPPLEMENT 10. Milk, juice, fruit, or vegetable ½ cup 11. Enriched or whole grain bread ½ slice or cereal ¼ cup 12. Meat or alternate ½ ounce	WG ELF CRACKER SLICED GRAPEFRUIT	WG BUG BITE PINEAPPLE JUICE	½ DAY		

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WEEK OF:

NOVEMBER 29,2021-NOVEMBER 30, 2021

MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>BREAKFAST</p> <p>13. Milk ¾ Cup 14. Fruit, juice or vegetable ½ cup 15. Bread or alternate ½ slice (including cereal), cereal cold 1/3 cup, cereal cooked ¼ cup</p>	<p>WG CORN MUFFIN ORANGE JUICE 1% MILK</p>	<p>CREAM OF WHEAT RAISINS 1% MILK</p>			
<p>LUNCH</p> <p>17. Milk ¾ cup 18. Meat or alternate 1 ½ ounces 19. Vegetable and/or fruit (two or more) ½ cup 20. Bread or bread alternate ½ slice</p>	<p>WG CHICKEN NUGGET STRING CHEESE MOUNTAIN ROLL ½ APPLE 1% MILK</p>	<p>MEAT BALL IN RED SAUCE CUT BROCCOLI HOT DOG ROLL 1% MILK</p>			
<p>PM SUPPLEMENT</p> <p>13. Milk, juice, fruit, or vegetable ½ cup 14. Enriched or whole grain bread ½ slice or cereal ¼ cup 15. Meat or alternate ½ ounce</p>	<p>WHEAT THIN STRING CHEESE</p>	<p>BIG GOLDFISH GRAHAM CRACKER PINEAPPLE JUICE</p>			

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